



Read this entire leaflet carefully before commencing Paranol treatment, as it contains important information pertinent to your use.

- Keep this leaflet. You may need to read it again.
- If you have further questions, ask other arbitrators or the relevant arbitral institution's counsel.
- Paranol has been prescribed for you only. Do not pass it on to others. It may harm them, even if their symptoms of due process paranoia are the same as yours.
- Sharing Paranol within the same tribunal cannot cause harm and is even recommended. Due process paranoia is highly contagious through any form of contact (including conference calls and email). Sharing Paranol within the tribunal can even be a preventive measure.
- If you experience any side effects, talk to other arbitrators or your doctor, pharmacist or law professor. See section 4.

1. What Paranol tablets are and what they are used for

Paranol is a food supplement for treating all known symptoms of due process paranoia. It belongs to a group of supplements known as "reminders". They work by reminding users that most of their fears are unsubstantiated and self-induced. Courts only set aside awards very seldomly and in egregious circumstances. Most situations in which experienced, well-meaning arbitrators fear the risk of allegations of defective procedure are often not within that category. Paranol can also be used to prevent the occurrence of due process paranoia even where no symptoms are present.

Your arbitration friend or colleague has given you Paranol because due process paranoia is the mortal enemy of procedural efficiency. The whole community should do all it can to avoid it and inspire others to identify its symptoms and treat them as early as possible.

2. What you need to know before taking Paranol

Warning and precautions

- Talk to your law professor, fellow member of the tribunal, relevant arbitral institution's counsel or arbitration friend before taking Paranol:
- If you know that you are allergic to mint or any of the ingredients in Paranol.
 - If any of your awards has been previously set-aside or refused enforcement.
 - If you suffer from persistent diarrhoea or vomiting caused by stomach or intestinal problems, or are suffering from any digestive disorder which may affect the absorption of the tablets.
 - If you have a severe illness.

Do not take Paranol:

- If you are allergic (hypersensitive) to mint or any of the other ingredients of Paranol tablets (see section 6 of this leaflet).

- If you have failed to make appropriate disclosures associated with matters that could give rise to legitimate doubts about your impartiality or independence.
- If you are fairly new to the trade. Developing a good sense for what due process legitimately requires and what is over-the-top does take a good deal of experience. Insufficient learning even greatly contributes to the growth of due process paranoia. When applied prematurely, Paranol tablets might negatively affect the learning curve and ultimately result in a yo-yo effect or, even worse, in undue process.

Paranol with food and drink

Paranol tablets are absorbed well before, during or after a meal. No impact, whether positive or negative, has been demonstrated regarding the influence of alcohol on the efficacy of Paranol.

Driving and using machines

Paranol tablets have not been shown to have any effect on the ability to drive and use machines, including typing machines and computers.

3. How to take Paranol

Allow each dose to dissolve in the mouth, with or without a drink, at any time of the day.

Use against all symptoms of due process paranoia in arbitration.

Apply immediately at onset of symptoms.

Recommended dosage – when you feel the fear of:

Rejection of repeated or frivolous requests for additional time	1 tablet every 3 hrs
Rejection of an unjustified request for adjournment of an oral hearing	
Rejection of a request to allow superfluous post-hearing briefs	
Refusal of unjustified late claims or evidence presented after a procedural deadline	2 tablets every 3 hrs
Rejection of obviously superfluous evidence	
Granting of a reasonable document disclosure request	
Rejection of an unreasonable document disclosure request	
Adverse inferences being drawn from undisclosed documents	
The tribunal's preliminary or partial assessment of arguments or evidence being indicated to the parties	3 tablets every 3 hrs
General (apparently unfounded) worry of set-aside or challenge against the arbitrator	

While the efficacy of Paranol in alleviating due process paranoia where one of the parties has resorted to guerilla tactics remains untested, it is generally considered to be effective.

For use by arbitrators only. Usage by parties has no effect, regardless of how many tablets they take.

Take the recommended dosage of tablets as a preventive measure, but exercise caution regarding potential intestinal irritation.

The dosage is the same for the sole arbitrator, tribunal's chairperson and co-arbitrators. The dosage remains unchanged regardless of age.

If you forget to take Paranol

If you miss a dose, just carry on with the next one as normal. Do not take a double dose to make up for a forgotten dose.

If you are considering no longer taking Paranol

Continue taking Paranol until all symptoms of due process paranoia disappear, even if you begin to feel better after a few days. Failure to take a full course of therapy may prevent complete elimination of due process paranoia and it may come back again.

If you have any further questions about the use of this product, ask your law professor or relevant arbitral institution's counsel.

4. Possible side effects

Like all food supplements, Paranol can cause side effects, although not everybody experiences them.

If you experience any of the following, stop taking Paranol and tell your law professor or relevant arbitral institution's counsel immediately.

- Terrifying feeling of procedural boldness.
- Temptation to take inappropriate procedural shortcuts.
- Feeling of prejudice.

Reporting of side effects

If you experience any side effects, talk to your law professor or relevant arbitral institution's counsel.

This includes any possible side effects not listed in this leaflet. You can also report side effects directly to Vigilance@Paranol.eu. By reporting side effects, you can help provide more information on the safety of this food supplement.

5. How to store Paranol

Keep out of the sight and reach of children and anyone outside the arbitration community.

Do not store above 25°C.
Store in the original packaging.

Do not use Paranol after the expiry date stated on the packaging. The expiry date refers to the last day of that month.

Do not use Paranol if you notice any visible signs of deterioration such as a colour change of the tablet from white to off-white or yellowish or if patches appear on the tablet.

6. Contents of the pack and other information

What Paranoiailin 250 mg film-coated tablets contain:
Active substance (per one tablet): 100 mg due care, 40 mg goodwill, 75 mg pragmatic sense of balance, 35 mg common sense

Other ingredients (per one tablet): mint, sugar, glucose syrup, thickener: gum arabic, rice starch, flavourings, anti-caking agent: magnesium salts of fatty acids, acidity regulator: citric acid, glazing agent: carnauba wax.

May contain milk, gluten, eggs, nuts, peanuts, sesame.

Net weight: 21 g

Nutrition declaration per 100 g

Energy	1690 kJ / 397 kcal
Fat	< 0.5 g
of which saturates	< 0.5 g
Carbohydrate	99 g
of which sugars	96 g
Protein	<0.5 g
Salt	<0.05 g

Legal and compliance

For the avoidance of doubt, Paranol tablets are simple mint candies, which are meant to support the global arbitration community in its eternal struggle with due process paranoia and its negative consequences.

If you are not an international arbitrator and/or do not understand the real purpose and meaning of this product, do not use it. Paranol IS NOT a medicine and you must ensure that nobody confuses it with one if you have agreed to possess it.

Distribution and manufacturer

Paranol is manufactured in EU.

All Paranol packages are *res extra commercium*. They may not be sold. They may only be given as a gift by one of the project patrons to help the recipients combat due process paranoia.

If you want to find a Paranol patron near you, visit www.Paranol.eu.

If you want to become a Paranol patron, register at www.Paranol.eu.

Paranol is a strictly non-profit educational project for the whole international arbitration community.

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